



ALL DAY TAKE AWAY // 8:00 - 13:00

toast (v) <i>ciabatta, rye or fruit toast with your choice of spreads: jam, marmalade, vegemite, peanut butter, nutella</i>	6.0
croissant <i>with shaved ham & swiss cheese</i>	8.5
banana loaf (v) <i>with house made lemon curd</i>	9.5
turkey toastie <i>smoked turkey, baby spinach, cranberry & brie</i>	9.5
ham toastie <i>leg ham, tomato & swiss cheese</i>	8.5
house-made honey granola (v) <i>chia pudding, lenswood cinnamon poached pear & vanilla yoghurt</i>	15.0
buttermilk pancakes (v) <i>buttermilk pancakes with fresh berry compote, double cream & maple syrup</i> — add banana + 3.0 / strawberries + 4.0	17.0
smashed avocado (v) (vo) <i>feta, cherry tomatoes on rye</i> — add two eggs +5.0	16.5
zucchini pumpkin griddle cakes (v)(vo)(gf) <i>zucchini & pumpkin cakes with pan fried spinach, chutney & grilled balsamic roma tomatoes</i>	15.5
it's basic (v)(gfa) <i>two free range eggs & toasted ciabatta</i>	11.0
the standard (gfa) <i>two free range eggs, char-grilled bacon & toasted ciabatta</i>	15.0
upside brekky (gfa) <i>two free range eggs, char-grilled bacon, roasted tomato, sautéed mushrooms & toasted ciabatta</i>	21.0
'fully loaded' breakfast roll (gfa) <i>grilled bacon, lettuce, egg, cheese, avocado, tomato & aioli in a toasted ciabatta roll</i>	14.5
croissant benedict — ham 18.5 / salmon 21.5 <i>croissant with your choice of ham or harris smoked salmon, spinach, hollandaise & two poached eggs</i>	
B.L.T. brioche <i>bacon, lettuce, tomato & aioli</i>	10
meditarian ciabatta roll <i>roasted meditarian veg, haloumi & spinach</i>	10
upside burger <i>house made beef pattie, crispy pancetta, cheese, lettuce, tomato, pickles and aioli & fries</i>	19.5
southern fried chicken burger <i>southern fried chicken, bacon, cheese, house made slaw, aioli & fries</i>	19.0
the reuben <i>shaved corned beef, sauerkraut, smoked cheese, mustard & pickles & fries</i>	13.0

EXTRA S

mushroom / spinach / tomato	3.0
house made hash browns	4.5
avocado half / haloumi	4.5
bacon / chorizo / two eggs	5.0
smoked salmon	6.5
gluten free bread	2.0
fries with aioli	8.5

theupsideonprospect.com.au

  [theupsidedonprospect](https://www.facebook.com/theupsidedonprospect)



WINES

SPARKLING

Dunes & Greene	
Chardonnay Pinot Noir NV 200ml	9.5
Gisa Arc Blanc de Blanc	36
Jansz Premium Cuvée	55
Dunes & Green Moscato 200ml	9.5

ROSÉ

Jim Barry Annabelle's Rosé	9.0 45.0
----------------------------	------------

WHITE

Wirra Wirra Stribby Rise	
Sauvignon Blanc	8.0 38.0
Redbank Pinot Grigio	8.5 42.0
Pewsey Vale Riesling	9.5 45.0
Heggies Vineyard >500m Chardonnay	42.0

RED

Running With Bulls Tempranillo	9.0 45.0
Yalumba Wild Ferments Shiraz	8.5 42.0
Bleasdale Mulberry Tree	
Cabernet Sauvignon 375ml	20.0
Wirra Wirra Church Block Cabernet	
Sauvignon Shiraz Merlot 375ml	22.0
Vasse Felix Filius Cabernet Sauvignon	48.0
Bowen Estate Shiraz	65.0

COCKTAILS

Bloody Mary	12.0
Espresso Martini	12.0
78° Gin & Tonic	12.0
<i>With rosemary & a twist of lemon</i>	
Smith's Eden Valley Rock Gin	12.0
<i>With orange</i>	
Prohibition Gin	13.0
<i>With ruby grapefruit</i>	

SOFT DRINKS

Coke Range	4.5
Cascade Range	5.0
Iced Teas	5.0
Nippy Juice Range	4.5
Mountain Fresh Range	5.0
Mount Franklin Still / Sparkling	4.0
Antipodes 1L Still / Sparkling	10.0

COFFEE & TEA

Espresso / Macchiato / Piccolo	3.5
Long Black	4.0 5.0
Cappuccino / Flat White	4.0 5.0
Chai Latte / Latte	4.0 5.0
Mocha / Hot Chocolate	4.0 5.0
Iced Latte	5.5
House Blend Cold Brew	5.0
Teapot	4.0

Earl grey / peppermint / english breakfast / darjeeling green / lemongrass / ginger / chamomile

Milks + Extras + 0.8

Soy milk / lactose-free milk / almond milk / extra shot / decaf / vanilla / hazelnut / caramel



COLD DRINKS

Smoothies	8.5
<i>#1 Mixed berries + oats</i>	
<i>#2 Banana, honey + chia seeds</i>	
Milkshakes <i>Chocolate / vanilla / strawberry</i>	
<i>/ banana / caramel</i>	6.5
Iced Coffee / Iced Chocolate	7.0
Fresh-pressed Juices	9.0
<i>#1 Beetroot, apple, cucumber + ginger</i>	
<i>#2 Kale, cucumber, apple + grapes</i>	
<i>#3 Orange, carrot + ginger</i>	
Fresh OJ	6.5

BEERS & CIDERS

Peroni	9.0
Coopers Pale	8.5
Mismatch Session Ale	9.5
Mismatch Pale	10.0
Mismatch Lager	9.0
Coopers Light	8.0
Moo Brew Pilsner	9.5
Moo Brew Hefeweizen	9.5
The Hills Cider Co. Apple / Pear Cider	8.5
Pirate Life IPA	10.0
Pirate Life Mosaic	10.0

theupsideonprospect.com.au

  [theupsideonprospect](https://www.facebook.com/theupsideonprospect)